

Certificate Course in Ayurvedic Beauty Therapy (6Months)

This unique course explains various aspects of Ayurvedic Beauty Care methods using ingredients of pure herbal origin. Program covers various face beauty treatments, body treatments and hair care methods. Methods taught in this course are effective in treating various beauty related problems. Besides students will also learn how to customize the treatments after analyzing the clients Skin, hair and body types which is one of the important highlight of the program. Practical Sessions includes Herbal Facials, Henna treatments, Hand and Foot Massage etc.

Please see the complete information of the program at the back.

Australian Institute of Holistic Medicine 862 North Lake Road, Cockburn Central, Western Australia 6164.

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Apply Online: www.aihm.edu.au

Module I

1. INTRODUCTION TO AYURVEDIC BEAUTY CARE
2. BASIC CONCEPTS IN AYURVEDIC BEAUTY CARE
3. BODY TYPES
4. SCALP and HAIR TREATMENTS
 - Ayurvedic Head massage
 - Dandruff Treatments
 - Hair Treatments (Premature Greying, Brittle Hair, Hair fall)
 - Herbal Shampoo & Conditioner
5. FACE TREATMENTS
 - Herbal Cleanser
 - Ayurvedic Face Massage
 - Herbal Steaming
 - Herbal Scrub
 - Herbal Face pack / Mask
 - Herbal toner
 - Herbal moisturizer
 - Acne Treatments
 - Nasya

Module II

6. EYE TREATMENTS
 - Anjana
 - Herbal Eye Pack
 - Tharpana & Putapaka
 - Eye exercises
7. HAND and FOOT TREATMENTS
 - Hand & Foot Soaks
 - Hand Massage
 - Foot massage
 - Herbal Mask
8. BODY TREATMENTS
 - Herbal Body Wrap
 - Herbal Body Scrub
 - Herbal Bath
 - Preparation of Herbal Bath Bags

Enrollment Slip

Name: _____

Address: _____

Phone: _____ Email: _____

Payment Details: Credit Card/Cash/Cheque:

CC Number: _____ Type: Master/Visa

Expiry Date: _____ Name on the Card: _____

Time and day: Thursday 2.00 – 6.00 PM and Saturday 10.00 – 5.00 PM starting from 1st of May 2014.

Duration: 6 months (Part time – 1.5 days per week)

Cost: \$3995 (can be paid in two instalments over two terms)

Mode of delivery: Blended Online and on campus teaching, hands on workshops