This elective begins with a panoramic view of ancient, indigenous and modern perspectives on health and healing issues. The first view is achieved through exploration of the Bibulmun aboriginal people’s flower essence tradition and core philosophies. The student starts a journey of development to be able to read nature as indigenous healers have for thousands of years. This gives them the tools to return to the lost art of being in touch with nature, challenging the parameters of their modern life with the indigenous approach. The special place flowers hold in mind-body medicine comes to light through this reconnection to nature, as is also reflected through many cultural traditions using flower essence therapy to heal body, mind and soul.

The second part of this module enables the student to have an in depth understanding of eighty eight flowers whose properties help to identify and heal the causes of common challenges that people face in their personal lives. This gives the initial insight into treating an array of basic problems, such as, traumas, stresses, pains, crisis and stagnation in people’s lives. Colours are part of the expression of flowers’ healing potential and as such the study of this aspect gives great insight into the impact of colour on the human psyche.

The third part of the module is practical knowledge of treating basic pain, stress and energy lows needing acute therapy. Factors such as a person’s attitudes and patterns of behaviour that produce the negative stress responses are followed through to the physical problem. Flower Essence Therapy is combined with the Chinese acu-point theory with essences applied primarily to auricular acupuncture points to treat acute physical and mental health conditions.

The forth part of this module explores an expanded understanding of the workings of the mind within a holistic framework, through the uncovering of the subconscious mind structure of survival and wisdom concepts. The student develops diagnostic techniques which empower a person with self knowledge through the facilitation of the Flower Affinity Self Diagnosis.

**Dates**
Wednesday 1st May – Wednesday 3rd July 2013 (10 weeks)

**Time**
4.00 – 7.00 PM

**Venue**
AIHM, Administration Building, 862 North Lake Road, Cockburn Central, WA

**Cost**

<table>
<thead>
<tr>
<th>Domestic Unit Fee:</th>
<th>$600.00</th>
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<tr>
<td>International Unit Fee:</td>
<td>$660.00</td>
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**Required text for this unit of study**

$15 for the Flower Essence handbook (available from the lecturer on the first day of study)

Please return your completed registration form to AIHM, PO Box 3079, Success, WA, 6964 before 24th April 2013

*Please note that this elective may be postponed if there are insufficient numbers*

**Flower Essences Elective Registration Form**

Name: __________________________________________ Student Number: _______________

Address: __________________________________________ Post Code __________

Contact Phone: ______________ Email address: ______________________________________

I would like to enroll in the Flower Essence Elective Course commencing on Wednesday 01/05/2013. My course fee is enclosed.

_________________________________________   _____/____/____
SIGNED       DATED
Class One
Aboriginal Flower Essence Tradition
Wisdom and Survival concepts of the mind
Explanation of noncompulsory assessments – assignments, written and practical examination

Class Two
Introduction of flowers by colour groupings (Chroma Classification)
Yellow-Blue polarity exercises and flower healing properties
Explanation of Assignment 1 – Personal Flower Reference File

Class Three
Red-Green polarity exercises and flower healing properties

Class Four
Pink flower discussion groups and healing properties
Clinical Practice - Floral Acu Therapy for acute symptoms
Explanation of Assignment 2 – Practical Exercise Participation

Class Five
Orange flower discussion groups and healing properties
Floral Acu Therapy 1

Class Six
Violet flower discussion groups and healing properties
Floral Acu Therapy 2

Class Seven
White flower exercise and healing properties
Floral Acu Therapy 3

Class Eight
Flower Affinity Diagnosis – Theory and Demonstration
Floral Acu Therapy 4

Class Nine
Flower Affinity Diagnosis – Student Diagnosis
Floral Acu Therapy 5 & 6

Class Ten
Floral Acu Therapy 7
Revision
Clinical Practice: Use of Flower Essences in Hospitals

Requirements for Class
‘Australian Flower Essences for the 21st Century’ – Text
Healing Pathways Manual
Pad of A4 lined paper for notes and discussion lists
Lecturer - Shelly Hart Life Academy of Australia