

**DIPLOMA OF REMEDIAL MASSAGE – HLT50307**  
**Schedule of fees and census dates for 2010 v151009DCS**

**Total course tuition fees (9 terms) domestic/VET FEE-HELP eligible students = \$12,928.50**

**Total course tuition fees (9 terms) overseas students = \$14,301.00**

All unit of study tuition fees are applicable for units of study delivered by the AIHM's Cockburn Central, Western Australia campus

AIHM unit of study	Brief Unit description	Unit fee Domestic Students/ VET FEE-HELP eligible students	Unit fee Overseas Students	RPL Unit Fee	EFTSL (Equivalent Full Time Study Load)	2010 Start dates	2010 End dates	2010 Census dates
<b>TERM 1</b>								
ANP101 - Anatomy & Physiology	This is a core unit for all the courses offered and the areas covered include an introduction to the human body and it's various systems. Other areas covered in more depth include; cells, the skeletal system, joints, muscle systems and muscle tissues	\$546.50	\$630.00	\$273.00	.0625	Weekend 16/01/2010	Weekend 24/04/2010	05/02/2010
						Weekday 11/05/2010	Weekday 19/08/2010	02/06/2010
PHI102 - Naturopathic Philosophy	The history and philosophy of several areas of Natural Therapies are studied including; Acupuncture, Homoeopathy, Herbal Medicine, Iridology, Kinesiology, Reflexology, Massage, Meditation, Cleansing, Ayurveda, Mind Body connection, Tai-Chi, Flower Essences and Life Purpose and Fulfilment are explored.	\$546.50	\$630.00	\$273.00	.0625	Weekend 16/01/2010	Weekend 24/04/2010	05/02/2010
						Weekday 11/05/2010	Weekday 19/08/2010	02/06/2010
SWE109 - Swedish Massage	This unit provides the knowledge required to perform a full body massage (soft tissue) using the correct strokes. Topics covered include; history, physiological and emotional effects, indications and contraindications, appropriate behaviour for greeting clients, suitable properties of various massage media, basic stokes of massage. A logbook is required to be maintained by students	\$546.50	\$630.00	\$273.00	.0625	Weekend 15/05/2010	Weekend 21/08/2010	04/06/2010
						Weekday 07/09/2010	Weekday 16/12/2010	29/09/2010
PSC509 – Principles of Self Care in Massage	Areas covered by this unit include; basic Alexander Technique as a strategy for self care for masseurs and the principles of Trager, principles of human movement and biomechanics	\$546.50	\$630.00	\$273.00	.0625	11/05/2010	19/08/2010	02/06/2010

CLI129 - Clinical Procedures & First Aid	<p>Areas covered in this unit include; clinical procedures, client history taking, general examination, instrument handling, use of computer software associated with natural medicine, laboratory tests relating to natural therapies and results, consultation demonstrations and treatment protocols &amp; OH&amp;S.</p> <p>It also provides a training program to achieve the standard required for the nationally recognised Senior First Aid Certificate. Areas covered include; cardio-pulmonary resuscitation, management of an unconscious casualty, internal and external bleeding, fractures, burns, poisons, bites, stings, eye and ear injuries</p>	\$546.50	\$630.00	\$273.00	.0625	Weekend 15/05/2010	Weekend 21/08/2010	04/06/2010
						Weekday 07/09/2010	Weekday 16/12/2010	29/09/2010
<b>TERM 2</b>								
SAB409 Surface Anatomy & Biomechanics	<p>In order to administer effective massage treatments on conditions related to soft tissue disorders, it is essential to have a comprehensive knowledge of Muscles, Joints and Biomechanics.</p> <p>In this unit of study students will learn to understand the relation of Anatomical Terms to Bones; describe all Biomechanical Terms and apply these to each Joint; identify the Landmarks on Bones for Muscle Attachments; understand the functions of Origins and Insertions in Muscle Attachments; understand the roles of Tendons, Aponeuroses and Ligaments in relation to Muscles and Joints; palpate for identification of all Muscles/Muscle Groups and initiate their Biomechanical Actions; identify the direction of the Muscle Fibres on each Muscle/Muscle Group; identify some of the common causes of soft-tissue disorders in every muscle covered in this unit of study</p>	\$546.50	\$630.00	\$273.00	.0625	12/01/2010	22/04/2010	03/02/2010
PAT104 – Pathology I	<p>To provide the participants with the knowledge and skills to understand and describe the pathological mechanisms of common disorders. Disease processes; Aetiological factors in disease, Aging, Cellular adaptation, injury and death, Definitions and terminology, Immunity, immunopathology, Inflammation, healing, pathological investigations, neoplasia &amp; pain.</p> <p>Systematic Pathology: Disorders of the skin &amp; musculoskeletal system</p>	\$546.50	\$630.00	\$273.00	.0625	Weekend 15/05/2010	Weekend 21/08/2010	04/06/2010
						Weekday 07/09/2010	Weekday 16/12/2010	29/09/2010

DTM209 – Deep Tissue Massage	By the completion of this unit the student will recognise muscle tension, perform active and passive stretching techniques and deep tissue massage. A logbook will be maintained to demonstrate a minimum of 30 hours of practical experience. In addition students will also complete a minimum of 50 hours of supervised massage in the clinic	\$546.50	\$630.00	\$273.00	.0625	07/09/2010	16/12/2010	29/09/2010
REF122 – Reflexology	Reflexology is a specific bodywork technique where stroking or applying pressure on one part of the body causes a relaxing effect on another part of the body therefore stimulating the natural healing process. Practitioners consult a map of the body on the sole of the feet and on the palms of the hands and massage these areas to stimulate reflexes and automatic nervous impulses connected to specific areas of the body. Areas covered include; history, philosophy, location of reflex points and performance of Reflexology massage on clients	\$546.50	\$630.00	\$273.00	.0625	07/09/2010	16/12/2010	29/09/2010
ACU809 – Principles of Acupressure	Areas covered in this unit include; principles of Traditional Chinese Medicine, Acupuncture channels and points location and point selection appropriate to clinical conditions	\$546.50	\$630.00	\$273.00	.0625	07/09/2010	16/12/2010	29/09/2010
CLI229 Clinical Training	Training in our on site student clinic dealing with members of the public, case studies and clinical applications	\$546.50	\$630.00	\$273.00	.0625	Weekend 11/09/2010	Weekend 11/12/2010	01/10/2010
						Weekday 16/01/2010	Weekday 22/04/2010	05/02/2010
<b>TERM 3</b>								
BHS106 - Behavioural Science	This unit is an introduction to understanding human behaviour and the relationship between basic behavioural influences and ill health, both physiologically and psychologically. Nature, Nurture and Need Factor Influences are studied through a combination of theory and practical applications	\$546.50	\$630.00	\$273.00	.0625	Weekend 16/01/2010	Weekend 24/04/2010	05/02/2010
						Weekday 11/05/2010	Weekday 19/08/2010	02/06/2010
MAN120 – Practice Management and Ethics	This unit is designed to develop the knowledge of Act of Parliament and Regulations in relation to the practice of Natural Medicine, professional indemnity and liability insurance, accounting and taxation requirements, advertising and promotion, business planning and other issues related to the establishment of your own practice. Students will be required to complete their own business plan by the completion of this unit	\$546.50	\$630.00	\$273.00	.0625	Weekend 15/05/2010	Weekend 21/08/2010	04/06/2010
						Weekday 07/09/2010	Weekday 16/12/2010	29/09/2010

POS309 – Postural Massage	Areas covered in this unit include; identifying an ideal posture and problems associated with posture, use of appropriate massage strokes, for various postural conditions and stretching techniques	\$546.50	\$630.00	\$273.00	.0625	12/01/2010	22/04/2010	03/02/2010
TRI709 – Trigger Point Therapy & Massage for Joints	Trigger points are small, discrete, sensitive spots in a muscle, which exhibit marked tenderness and pain when stimulated with focal pressure. These points are believed to develop due to muscular imbalances from prolonged repetitive tasks. Application of pressure on these points releases the tension and relieves the pain and discomfort caused by these muscular imbalances. Areas also covered in this unit include; Ischaemic compression/myotherapy, stretch and spray technique, exercise programming, trigger point therapy in muscular and soft tissue injuries, whiplash, repetitive strain injuries, lower back pain, sporting injuries, headaches, migraine and sciatica	\$546.50	\$630.00	\$273.00	.0625	11/05/2010	19/08/2010	02/06/2010
CLI329 Clinical Training	Training in our on site student clinic dealing with members of the public, case studies and clinical applications	\$546.50	\$630.00	\$273.00	.0625	Weekend 16/01/2010	Weekend 24/04/2010	05/02/2010
						Weekday 11/05/2010	Weekday 19/08/2010	02/06/2010
<b>TERM 4</b>								
AMT609 – Advanced Massage Techniques	Areas covered in this unit include myofascial release and counter strain techniques	\$546.50	\$630.00	\$273.00	0.055	11/05/2010	19/08/2010	02/06/2010
SRR909 – Sports, Recreation & Rehabilitation Massage	Areas covered in this unit include: theory and practice of biomechanics; palpation for identification of muscles related to each joint; principles and applications of PNF techniques; principles and application of strain and counterstrain techniques and exercises for rehabilitation	\$546.50	\$630.00	\$273.00	0.055	12/01/2010	22/04/2010	03/02/2010
RES220 - Research Methodology	Research Methodology includes research strategies, research techniques, communication of research findings with others, analysis of research data, presentation skills, statistical analysis and undertaking of research projects	\$546.50	\$630.00	\$273.00	0.055	Weekend 11/09/2010	Weekend 11/12/2010	01/10/2010
						Weekday 12/01/2010	Weekday 22/04/2010	03/02/2010
Elective unit 1	To be chosen from the list of available electives	**\$484.00	**\$567.00	**\$242.00	0.055	12/01/2010	22/04/2010	03/02/2010
Elective unit 2	To be chosen from the list of available electives	**\$484.00	**\$567.00	**\$242.00	0.055	12/01/2010	22/04/2010	03/02/2010
CLI429 clinical Training	Final training in our on site student clinic dealing with members of the public, case studies and clinical applications	\$497.00	\$630.00	\$248.50	0.055	Weekend 15/05/2010	Weekend 21/08/2010	04/06/2010
						Weekday 07/09/2010	Weekday 16/12/2010	29/09/2010

Students are required to complete a minimum of 200 clinical training hours as a component of this course.

**\*\*These fees apply to all elective units EXCEPT for RET217**

- RET217 = Price to be confirmed with the AIHM prior to enrolment

Students are required to complete 2 electives from those offered by the AIHM during the completion of this course. Electives are generally 30 hours and can be selected from the list below:

116 - Homoeopathy

117 - Flower Essences

121 – Kinesiology

123 – Aromatherapy

125 – Meditation

126 – Yoga

127 – Energy Healing & Tai Chi

130 – History & Philosophies of Ayurveda

228 – Intuition in Healing

330 – Ayurvedic Nutrition

630 – Intro to Ayurvedic Tactile Therapies

1009 – Bowen Therapy

1030 – Vedic Astrology

NUT307 – Nutritional Recipes